2019

Imaging biomarkers of epileptogenesis after traumatic brain injury - Preclinical frontiers

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Elsevier BV

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http://dx.doi.org/10.1016/j.nbd.2018.10.008

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Imaging biomarkers of epileptogeneity after traumatic brain injury – preclinical frontiers

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Abstract

Posttraumatic epilepsy (PTE) is a major neurodegenerative disease accounting for 20% of symptomatic epilepsy cases. A long latent phase offers a potential window for prophylactic treatment strategies to prevent epilepsy onset, provided that the patients at risk can be identified. Some promising imaging biomarker candidates for posttraumatic epileptogenesis have been identified, but more are required to provide the specificity and sensitivity for accurate prediction. Experimental models and preclinical longitudinal, multimodal imaging studies allow follow-up of complex cascade of events initiated by traumatic brain injury, as well as monitoring of treatment effects. Preclinical imaging data from the posttraumatic brain are rich in information, yet examination of their specific relevance to epilepsy is lacking. Accumulating evidence from ongoing preclinical studies in TBI support insight into processes involved in epileptogenesis, e.g. inflammation and changes in functional and structural brain-wide connectivity. These efforts are likely to produce both new biomarkers and treatment targets for PTE.

Keywords: Atrophy, Axonal injury, Connectivity, Epileptogenesis, Inflammation, Magnetic resonance imaging (MRI), Plasticity, Positron emission tomography (PET), Vascular injury

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Initial injury to the brain, final outcome epilepsy and the chaos in between – neuroimaging unveiling patterns and order from the chaos

Traumatic brain injury is caused by external mechanical forces to the brain. The initial impact causes both focal injury (contusion) and diffuse injuries (axonal injury, vascular injury), and launches secondary injury cascades that may progress for months and years (neurodegeneration, axonal plasticity, hemodynamic deficits, inflammation). The chronic outcome can be different types of cognitive disorders, or epilepsy. The exact mechanisms of how traumatic brain injury (TBI) leads to the development of epilepsy are still unknown, although several pathways and pathologies have
been identified to play a role. Different animal models of TBI can recapitulate at least to some degree both pathophysiological mechanisms and outcomes [1]. Investigation of these pathways using multimodal imaging allows interrogation of the brain network as an entity and its evolution in preclinical models with translational capability. The challenge for imaging science is to use the variety of available non-invasive methods to reveal the temporal order of events and topographical distribution of pathologies that comprise the evolving determinants of epileptogenicity. Investigation of the interactions, mismatches and correlations of these imaging findings with the electrophysiological determinants may reveal the basis for PTE. In the text herein, we address point-by-point the preclinical radiological presentation of TBI, and describe how imaging studies have shown correlation between various pathologies to either the concurrent or downstream development of hyperexcitability or seizure activity.

Direct evidence from the specificity of an imaging biomarker to the posttraumatic epileptogenicity is still lacking regarding many of the modalities listed in this review; however there are (i) demonstrated correlations between TBI pathology and epileptic outcome and ii) evidence in models of acquired temporal lobe epilepsy (TLE) that imaging techniques do probe the relevant brain pathology. Here we review this evidence as well as identify the next questions to be asked. We also expand the discussion to the potential of newer cutting-edge techniques that can further the future efforts.

While this review focuses on preclinical imaging, we also briefly discuss the utility of these biomarkers in the clinical setting.

1 Atrophy and structural diaschisis after TBI

A hallmark of moderate to severe traumatic brain injury is a progressive cortical lesion at the primary contusion site after experimental TBI. The location of the atrophic lesion is dictated by location of the primary impact site and the direction of the impact forces, and thus varies across different animal models of PTE. The primary contusion and subsequent atrophic lesion are robustly detectable by structural MRI acutely after impact. In particular, the T2-weighted (T2-wt) images highlight the acute contusional complex composed of edema and intracerebral hemorrhage. The later developing atrophied lesion cavity filled with cerebrospinal fluid (CSF) can be accurately delineated using structural MRI with several different MRI tissue contrasts (Fig1 A-D).

1.1 Cortical injury
1.1.1 Acute posttraumatic edema determined by MRI is associated with injury severity and with later seizure susceptibility

While acute and subacute edema are associated with the subsequent development of atrophy, attempts to use edema as a biomarker for later epileptogenicity have provided contradictory results. These differences may arise from the variation in models used, methods of quantification, and post-injury time used to define the edema, but the differences in the underlying causes of evolving post TBI tissue edema certainly play a role. The mechanical forces of head injury evoke edema from numerous origins and through various mechanism: vasogenic, cytotoxic, intracranial pressure, disruption of blood brain barrier, failed interstitial fluid clearance, thrombin, heme oxygenase, microglial activation and leukocyte infiltration etc.

Imaging metrics of post-traumatic edema are increased T2 signal, first decreased (cytotoxic) and then increased (vasogenic) apparent diffusion coefficient (ADC), midline shift, swollen cortex and swollen hippocampus, and these peak in 2-3 days after experimental TBI (Fig1 A,C). Acute
diffusivity increases at 72h post-injury and subacute post-injury edema at 1 week have been negatively correlated with mean seizure duration when initiated with pentylentetrazol (PTZ) at 3 months [2]. Decreases in hippocampal ADC indicative of cytotoxic edema, at 3 hours post LFPI, correlated with seizure susceptibility and mossy fiber sprouting 1 year later [3]. Some of the therapies alleviating acute edema (hypothermia, energy substrates) have been found to alleviate the later hyperexcitability in animal models [4], and clinically the midline shift due to brain swelling is considered as a strong risk factor for developing PTE [5].

1.1.2 Cortical lesion location and size and correlations with epileptogenesis

In patients with PTE the presence of cortical or subcortical lesions visible on T2-weighted scans 1 year after injury has been associated with an increased risk for development of epilepsy with an odds ratio of 3.3, n=104 [6]. Although the severity and type of injury (penetrating, hemorrhagic) correlates with the incidence of PTE [7-9], the association with lesion size or location is not fully understood.

In the rat model of PTE, the lesion size and caudal extent has been shown to be correlated with epileptogenesis: the greater the damage extent caudally, the higher the number of spikes and number of epileptiform discharges in seizure threshold test by PTZ 12months post LFPI [10]. Damage to the parahippocampal cortical areas in particular (entorhinal, perirhinal and postrhinal cortices) was linked with lower seizure threshold.

1.1.3 Persistent lesion growth, glia scar formation and progressive modulation of the perilesional cortex

After LFPI or controlled cortical impact (CCI) injury, there is continual expansion of the cortical lesion for up to 6-12 months post-injury [11, 12]. The glia scar that surrounds the lesion matures slowly and the perilesional cortex displays a gradient of imaging abnormalities with variety of underlying causes. [We refer to the pericontusional cortex as perilesional cortex, a term better applicable to the chronic stages as well.] The rate of lesion expansion can be used to classify injured animals into two categories: those with slowly expanding versus those with rapidly expanding lesions, and this rate if expansion may provide an indicator of underlying CNS responsiveness and putative vulnerability to epileptogenesis (Yasmin, Immonen, unpublished). Perilesional cortex appears intact in conventional imaging, but has been shown to undergo progressive structural modulation that is detectable by quantitative relaxation and diffusion mapping [11, 13]. These pericontusional/perilesional findings have been shown to serve as MRI biomarkers for epileptogenesis both in humans and in experimental models [14, 15].

In chronic posttraumatic patients, abnormalities in diffusion metrics within perilesional regions-of-interest, normal appearing tissue adjacent to the T2 or FLAIR visible lesion, were found to have decreased FA and a trend toward increased MD. Furthermore, affected areas was wider and more significantly changed in patients with epilepsy compared to those without [14].

In animal models, subacute tissue water relaxivity (T2, T1p), and diffusivity in perilesional cortex have demonstrated power as indicators of seizure susceptibility 12 months after LFPI with PTZ treatment [16]. At 9 and 23 days post-TBI, a change in T1p of the perilesional cortex showed the greatest predictive value for epileptogenesis in ROC analysis [area under the curve (AUC), 0.929 and 0.952, respectively; p<0.01].

However, once the injury had progressed to the thalamus via axonal die-back at 2 months post-TBI, thalamic ADC was shown to be the best predictive biomarkers (AUC, 0.988; p<0.05) [see also Chapter 1.2 for thalamic injury]. The specificity and sensitivity for predicting the development of
seizures was further improved by combining the measurement of elevated ADC in the perilesional cortex and the thalamus at 2 months post-TBI (AUC, 1.000; p<0.01). The perilesional abnormalities presented as a gradient that attenuated with distance from the core, so that there are no clear lesion boarders. As a result of this, there is likely to be a large variation in the definition of perilesional cortex among reports in the field.

In addition to brain atrophy due to the cell death, the perilesional cortex suffers from significant pathophysiological changes in extracellular matrix, perfusion deficits, metabolic deficits, inflammation, edema, as well as functional deficits. These are discussed extensively in upcoming sections. It is notable that progressive volumetric atrophy can be detected far beyond the perilesional cortex: Wright et al. demonstrated decreased volume of motor cortices bilaterally 12 weeks after CCI [17].

![Posttraumatic edema and Hemorrhage](image)

**Figure 1. Progression of posttraumatic edema, atrophy and microbleeds.** (A-D). Acute edema 2 days after LFPI (A,C) is evident in T2-wt images as hyperintensity of the contusional complex (white asterisk) and cortical swelling (double headed arrows in A). Structural MRI 2 days post-injury also shows diffuse axonal injury-related microbleeds (black arrow in C), axonal edema-associated hyperintensity of the external capsule and corpus callosum (black arrow heads), hyperintense midline of hippocampus (white arrow head) and hippocampal swelling. (B-D) In the same animal 28 days later, there is atrophy in the contusional area forming a CSF-filled cavity within the cortex (black asterisk D), cortical thickness is reduced (double arrow in B), and there is iron residues along the white matter tracts (arrows in B) as well as within the lesion (open arrow in B). **Subacute hemorrhages (E-F)** in T2* weighted images are shown at two horizontal levels along the white matter (red arrows in E), in choroid plexus (black arrow), as well as within the contused cortex, and in hippocampus (arrows in F), superior colliculus (red arrowhead) and cerebellum (black arrowhead). Data from EpiBioS4Rx project, courtesy of R. Immonen, University of Eastern Finland.

**1.2 Thalamic injury**

The force of impact injury penetrates the cortex and reaches deep into the underlying thalamus (Pena 2005) and the resulting primary damage can often be observed as edema acutely post-injury. In experimental TBI models, cortico-thalamic deafferentation also causes secondary
thalamic damage. Microgliosis, aggregated calcifications and iron are observed to accumulate into the ipsilateral thalamus during the following weeks and months. The location of the evolving thalamic injury depends on the location of the cortical lesion. In lateral fluid percussion injury (LFPi), the primary lesion covers the auditory cortex, while the secondary thalamic injury covers ventral posteromedial (VPM), ventral posterolateral (VPL), and Reticular (Rt) thalamic nuclei (Fig 2B). The exact location of the thalamic injury is more dorsal (centered within the Po) in controlled cortical impact injury (CCI) model where the cortical lesion encompasses sensorimotor cortex (S1) [18]. Since multiple cortical regions receive afferents from a single, compromised thalamic nucleus [19], a third step of the cascade is likely to be the loss of input from damaged thalamic neurons that gradually leads to diaschisis in sensorimotor cortex distant from the lesion ipsilaterally, and contralaterally via cortico-cortical circuitry. Some of these areas of functional diaschisis have been suggested to act as a seizure foci in posttraumatic models [20], and they may well have a wider impact in modulating the structural and functional connectivity within the associated circuitry as well as the global network obtained by resting state fMRI [21]. MRI-mapping of thalamic injury may serve as surrogate marker to indicate MRI-negative, subtle pathology in the cortical area to which the nuclei project (ie. diaschisis).

Accumulation of iron and calcium makes the thalamic damage highly visible using several MRI techniques. Differentiating between calcifications and iron can be accomplished with quantitative susceptibility mapping (QSM) and other phase contrast MRI approaches [22]. Calcifications and their delayed accumulation pattern has been well characterized in LFPi model [23, 24]. Calcifications are presumed to be functionally inert per se, but iron is also present in the same thalamic nuclei during the ‘maturation’ of calcifications and is associated with on-going microgliosis [23]. The source of thalamic iron in chronic stages after TBI is suggested to be the neuronal and oligodendrocyte cell death that release tightly bound iron from sites where it is normally utilized, mainly mitochondria [18, 25]. In addition, increased thalamic vascular density and branching, that have been quantified at 8 months after LFPi [26]., may also lead to increased uptake of iron from the blood. It should be noted here, that thalamus suffers from aggressive, sustained inflammation (reactive microglia / microgliosis) that can be seen months (in animals) and years or even decades (in humans) after TBI by dedicated PET tracers. This is discussed in section 4 (Chronic inflammation) and is shown in Fig 2C.

1.2.1 Structural MRI of the thalamic damage and correlations with epileptogenesis

Thalamic injury is a common finding in several brain insults leading to epilepsy (e.g. stroke). The suppression of thalamic activity can suppress the on-going seizures, and functional and structural analysis of network changes in epilepsy indicate disruption and modulation of thalamic connections. Recent studies using optogenetics have demonstrated seizure suppression and circuitry modification by thalamic (or corticothalamic) stimulus [27-30]. EEG evidence of the involvement of the thalamic reticular nuclei in seizure generation in a LFPi model has been recently provided by Andrade et al., [31] who observed seizures in chronic posttraumatic rats to occur systematically at the transition into Rapid-Eye-Movement sleep. Thalamic reticular nuclei are well known to control that transition, and is severely atrophied ipsilaterally in posttraumatic rats.

The utility of thalamic injury as an imaging biomarker of posttraumatic epileptogenesis is yet to be established. Observations in several LFPi cohorts have shown that thalamic injury is both evident in non-epileptic animals, as well as absent in some animals that display lowered seizure threshold to the PTZ test (Immonen, Yasmin unpublished data). Thus, it is unlikely that the presence of thalamic iron and calcifications chronically after traumatic brain injury, per se, will have high specificity as an imaging biomarker for epileptogenesis. However, the potential characteristics of
thalam}c injury in combination with abnormalities in other nodes of the epileptic network may well show prognostic power.

**Figure 2.** Thalamic injury identified by structural MRI and thalamic chronic inflammation by \(^{18}\text{F}\)-FEPPA-PET in chronic post-trauma rats. (A-B) Structural MRI (multi-echo gradient echo, isotropic 160\(\mu\)m\(^3\)) 5 months post-LFPI and typical location of the thalamic calcifications and iron (both hypointense here, open arrow in A; B shows magnified view). In the LFPI model, the calcifications are known to form within VPM and VPL nuclei (approximately outlined in B) that project to the S1 barrel field. Thalamic injury leads to deafferentation of projection neurons. Despite the high spatial resolution of the MRI, the shape deformation of ipsilateral thalamus hinders the analysis of any specific nuclei. The damage in reticular nuclei (Rt, red dotted arc) along the lateral border of the thalami facing the capsula interna (ic) is thus difficult to assess. (C-D) A PET marker of reactive microglia (18kDa Translocator protein (TSPO) radiotracer \(^{18}\text{F}\)-FEPPA) shows prominent, sustained inflammation in ipsilateral thalamus (black asterisk in C). This representative animal was scanned 1 month post-LFPI and shows only negligible TSPO expression in injured cortex (dashed oval in PET image; white asterisk depicts the primary contusion location in corresponding T2-wt image). Courtesy of R. Immonen unpublished, University of Eastern Finland.

1.3 Hippocampal injury

Hippocampal sclerosis in chronic PTE patients is associated with the underlying seizure pattern and is a crucial factor in the clinical diagnosis of temporal lobe epilepsy [9]. Posttraumatic hippocampal injury is a characteristic of the LFPI model [32, 33] and the weight drop model [34] and has been linked with epileptogenesis. Imaging findings of hippocampal sclerosis/atrophy serve as biomarkers, and have been directly correlated with posttraumatic epileptogenesis as follows:

Hippocampal surface shape analysis utilizing large-deformation, high-dimensional mapping 1 week after LFPI in rats was able to prognostically differentiate those that would develop epilepsy (spontaneous seizures or epileptiform activity 7 months post injury) from those that did not. Simple volume analysis failed to differentiate these animals [35].

Different time points in the time-course of MR diffusional changes after LFPI have been correlated with seizure susceptibility assessed 1 year after LFPI [3]. These changes include: acute decrease in diffusion (ADC) within hippocampus at 3 hours after injury that is associated with cytotoxic edema, and elevated diffusion thereafter at 23 days, and more chronically from 2 months onwards up to 11 months post-injury.
Quantitative mapping of T2, T1p and ADC in ipsilateral hippocampus in LFPI model has revealed that subacute T1p at 9 days, and ADC at 23 days to 2 months post-TBI, were predictive for increased seizure susceptibility in ROC analysis (AUC > 0.857; p<0.05), when epileptiform activity was assessed 12 months post LFPI by PTZ challenge. Notably, all the hippocampal MRI biomarkers alone or a combination of them were lower in sensitivity and specificity compared to the best cortical and thalamic MRI biomarkers at similar post-injury time points [16]. On the other hand, another study using the LFPI model reported that the relative signal intensity changes in T2-wt images in these same regions and at several time points after LFPI failed to identify differences in non-epileptic and epileptic groups [35].

2 Diffuse axonal injury

Shear stress of the impact force results in diffuse axonal injury (DAI) across the brain - predominantly along the thickest white matter bundles such as corpus callosum, external capsule, internal capsule, fimbria and fornix. Information extracted from diffusion-weighted imaging (DWI) data using a range of methodologies can report on axon and myelin integrity as well as general tissue microstructure including cell size and packing densities. Accumulating evidence has shown that axonal pathology in human patients persists for years after traumatic brain injury [36], and is detectable chronically even after mild TBI (mTBI) [37]. Multifocal axonal injury with low fractional anisotrophy (FA) and associated high mean diffusivity (MD) have been found in chronic mTBI subjects with cognitive disability, both at group level [38], and systematically at the subject level [37]. DAI imaging findings of altered diffusion tensor imaging (DTI) metrics of white matter (WM) tracts are serving as biomarker for post-traumatic cognitive deficits [39], and are currently being investigated for their potential as biomarkers of post-traumatic epilepsy (EpiBioS4Rx). The molecular and cellular features of epileptogenesis may differ between focal and diffuse injury mechanisms. In DAI the circuitry is modified by the Wallerian degeneration of some of the original connections and the sprouting of aberrant, new connections.

2.1 Abnormalities in DTI and tractography metrics

DTI tractography reveals changes in structural connections, and in epilepsy patients tractography was found to be useful in surgical management of temporal lobe epilepsy [40], detection of disrupted structural connectivity in childhood absence epilepsy [41], as well as in focal epilepsies [42, 43]. In adolescents with absence seizures, the genu of the corpus callosum was marked by decreased FA and increased radial diffusivity (RD) and MD values, while tractography revealed significantly elevated tract asymmetry within fiber tracts passing through the genu of the corpus callosum in patients with epilepsy [44]. In TBI patients, tractography metrics have been shown to serve as a biomarker for cognitive impairment [45], while there are only a few studies associating tractography with PTE.

In a recent case study of an active duty male soldier with sleep-related hypermotor epilepsy and a history of repetitive mTBI, multi-shell tractography revealed changes in the right superior longitudinal fasciculus including reduced tract density and lower FA values compared to the left side [46]. These changes were hypothesized to be related to hyperkinetic behavior. EEG also revealed pathological changes to the right frontal lobe suggesting this location as a potential nidus for the patient’s seizures. Tractography-based metrics are sensitive enough to indicate changes along the entire affected pathway, e.g. reduced path length in the genu of corpus callosum and its projections into the frontal lobe were shown in clinical TBI study [47].
DTI tractography measures have found to be sensitive in detecting the persistent changes in tissue microstructure related to diffuse axonal injury in TBI animal models. Three months post-LFPI, the tract-based metrics (tract density, path length and curvature) revealed wider injury than traditional DTI metrics [48]. Even in the absence of any observable abnormalities in T2* or DTI metrics, the reduced mean curvature in the ipsi- and contralateral corpus callosum could be detected 30 days after mild FPI [49]. Bilateral changes in diffusion metrics have been reported after rodent CCI injury [50] with increased tract number in contralateral circuits possibly reflecting compensatory effect. Decreased FA and increased RD are associated with reduced myelin or axon fiber density and has been observed in the anterior corpus callosum of rats with spike-wave epilepsy (genetic absence epilepsy rats of Strasbourg, GAERS), with more severely affected animals exhibiting more pronounced changes. Streamlines originating in these areas connected somatosensory cortical regions shown to be involved in seizure discharges [51]. While tractography-metrics derived from the properties of the streamlines have not yet been associated with posttraumatic epileptogenesis, they are incorporated in currently on-going trials (EpiBioS4Rx).

Microbleeds are often used as marker for diffuse axonal injury, even though in reality they are markers of vascular injury that are often, but not always co-localized with axonal injury. Imaging of microbleeds is addressed below.

Figure 3. Fiber orientated distribution (FOD) and tractography template images generated for rats after sham operation (top row) and lateral fluid percussion injury (LFPI, bottom row). Damage to the white matter is reflected by reduced FOD amplitudes (yellow arrow, middle column). The FOD images were used to guide streamlines which were seeded from a spherical ROI positioned at the intersection of the two yellow lines. The resulting tractography images are shown at right and include all of the streamlines contained within the full superior/inferior slab. Following moderate LFPI, rats exhibit truncating of streamlines ipsilateral to the injury site. FODs and tractography
streamlines are color-encoded according to orientation: red, medial/lateral; blue, superior/inferior; and green, anterior/posterior. Courtesy of D. Wright, Monash University.

2.2 Microbleeds and other iron residues are easy to detect by susceptibility weighted imaging (SWI) but can they aid in epilepsy prognosis?

Microbleeds of diffuse vascular injury and resulting iron residues distributed along the injured WM/along the corticomedullary junction (i.e. at the interface of GM and WM bundles) are robustly detected by susceptibility weighted imaging and other gradient echo methods. Microbleeds are common clinical radiological finding in DAI, where the biomarker potential of both DW lesions and SW lesions have been widely studied [52-54]. Microbleeds occur only among subset of injured tracts, and they are often but not always associated with inflammatory cells (see paragraph 2.3). Hemosiderin contained within microbleeds may evoke local tissue hyperexcitability [55-57], and intracranial hemorrhages are a risk factor for post-traumatic epilepsy. Messori et al. showed that hemorrhagic contusions surrounded by an incomplete glial scar are a PTE risk factor, while those with complete glia scar are not [58]. Surgical excision of the hemosiderin fringe surrounding the cerebral cavernous malformations (in addition to the vascular malformation itself) has been shown to reduce the occurrence of post-surgical seizures [59, 60]. Although microbleeds have been shown to be present in posttraumatic epileptic and non-epileptic animals, as yet they have not been explicitly linked to seizure susceptibility. Importantly, a significant number of susceptibility-weighted imaging (SWI)-observable iron residues along WM tracts may originate from dying oligodendrocytes and not from the microbleeds [61, 62]. Iron containing debris of inflammatory cells and degenerating neurons and oligodendrocytes is scavenged by macrophages and microglia, thereby preventing the detrimental increase in neuronal iron [62]. In PTE animal models the role of residual iron pattern in epileptogenicity is still unknown, and while SWI cannot yet serve as biomarker of PTE, it is a useful tool in mapping the sporadic iron accumulation across the brain and monitoring treatments that reduce the iron load such as iron chelators.

3 Imaging of BBB disruption and findings in TBI or epilepsy models other than posttraumatic epilepsy

The significance of blood-brain barrier (BBB) permeability in PTE is discussed and reviewed in greater detail in another contribution of this special issue (‘Breakdown of blood brain barrier as a mechanism of posttraumatic epilepsy’ by Dadas and Janigro [63]. Here we briefly summarize the related imaging findings in animal models:

Van Vliet utilized a slow infusion paradigm of gadolinium to image the sporadic BBB during epileptogenesis in status model of TLE [64] in which increased BBB permeability in latent and chronic phase had been correlated with later seizure frequency [64]. BBB leakage has been assessed in experimental TBI at different time points by dynamic contrast enhanced MRI utilizing gadolinium [2, 13]. The biomarker potential of gadolinium based BBB imaging for experimental post-traumatic epilepsy has been suggested by Van Vliet [65] and also by Frey, who showed that the relative signal enhancement of injured cortex after Gd administration 72 hours post LFPI correlated positively with total number of seizures, and negatively with latency to the first seizure after PTZ administration 3 months later [2][66].
4 Imaging of chronic inflammation by PET tracers

Inflammatory signaling cascades in epileptogenesis after TBI were recently reviewed by Webster et al. [67] and role of glia in epilepsy more broadly by Devinsky et al. [68]. MR imaging biomarkers of neuroinflammation relating to TBI were covered by Koepp et al. highlighting several techniques that either directly or indirectly serve as a probe for inflammatory components [69]. Animal studies have provided a priori information about the topography of chronic posttraumatic inflammation, which is widespread across cortical regions, far beyond the actual glia scar. In chronic stage, months after the injury, the cortical inflammation becomes more subtle, and thus challenging to detect in vivo, but it has been demonstrated to persist through the lifespan, worsen upon an additional stressor or injury, and manifest even bilaterally [67, 70-74]. In vivo imaging of inflammatory cells and mediators that are known to be present in posttraumatic brain is a challenge that needs to be overcome, in order to more efficiently identify the optimal window for intervention. If immunosuppressive treatment are applied too early after TBI, they may suppress endogenous regenerative processes. Delaying anti-inflammatory intervention to a later stage could potentially modify or prevent the epileptogenesis.

Strategies to image inflammatory processes include indirect MRI approaches (e.g. dynamic contrast enhanced imaging of BBB leaks), MR spectroscopy of myoinositol or glutathione (covered in chapter 8), MR molecular imaging probes (beyond the scope of this review), and PET approaches. Several PET radiotracers have been developed to target 18-kDa translocator protein (TSPO) – also known as peripheral benzodiazepine receptor (PBR) - expressed on the mitochondrial membrane of reactive astro- and microglia. The use of TSPO-PET in epilepsy studies both clinically and pre-clinically have been recently reviewed [75, 76], but their utility as a biomarker of PTE is unknown. In temporal lobe epilepsy patients the binding of TSPO has been shown to increase both ipsilateral and contralateral to seizure origin [77]. Wang and colleagues followed post-injury cortical inflammation after CCI in rat during the acute stage and along the first month post injury with in vivo microPET utilizing [18F]-DPA-714 tracer. The TSPO expression at the cortical lesion site was shown to peak at day 6 post-injury and decay to control level by 1 month. Importantly, the cellular source of TSPO expression was activated (amoeba shaped) microglia (CD68) at day 6 post injury, while 10days post injury the main contributor to the TSPO signal was reactive astroglia (GFAP) [78]. Similarly, the cortical expression was shown to peak at 1week after LFPI, and to decay by 9 weeks when monitored by in vivo PET [79]. However, an autoradiography study showed details of [18F]-FE-DAA1106 binding from 3days to 12 weeks after LFPI demonstrating TSPO expression along the lesion border, along the subcortical white matter tracts (external capsule), and within the thalamus ipsilaterally, and showed notable expression even at 12 weeks post-injury [79]. Furthermore, a weight-drop, closed head injury study in mice demonstrated TSPO tracer [18F]-DPA-714 binding to be evident after moderate/severe TBI 7-16d post-injury, but not after mild TBI [80]. However, other studies using histology have shown inflammation to persist for several months after TBI in rodent models [67, 70-73, 81] indicating that current in vivo techniques might not possess the required sensitivity and/or spatial resolution for a full longitudinal analysis to map persistent inflammation. Thus, while current in vivo microPET techniques may provide useful information on the acute inflammatory response, readouts on the persistent but more subtle inflammation that is present chronically after moderate or mild TBI at all times, may, as yet, be unavailable.

On the other hand, TSPO-PET studies robustly highlight how inflammation in thalamus is sustained for months in rodents [82], and years or even decades in humans [83] after TBI (Fig2C shows [18F]-FEPPA-PET 1mo post LFPI). The far-reaching demyelination-associated inflammation along the white matter tracts is also sustained chronically (1yr after CCI in mice, [12]), and also
contralaterally, possibly indicating a role modulating circuit changes leading to epileptic activity. PET studies combining in vivo PET and autoradiography with TSPO radiotracers have reported the TSPO expression along the ipsilateral white matter structures and lesion edges in LFPI model, yet none of the studies have correlated the findings with electrophysiology. Data proposing the TSPO-PET (by [18F]-GE-180 radiotracer) of epileptogenic network to be a biomarker of epileptogenicity were reported in amygdala stimulation induced status rat model of TLE. TSPO expression (2 weeks after the status i.e. during the epileptogenesis) of a cluster VOI comprising of parts of hippocampus, parietal cortex, thalamus, somatosensory cortex, amygdala etc. was found to correlate positively with later seizure frequency [84]. In TLE epilepsy patients, a recent study utilizing [11C]-PBR28 radioligand showed TSPO overexpression both ipsi- and contralaterally to seizure foci [77]. The biomarker-capability of TSPO-PET for posttraumatic epileptogenesis is yet to be explored.

5 Blood flow deficits

Hemodynamic regulation (autoregulation) fails after injury and long-lasting blood flow deficits are found in trauma patients and in animal models of TBI [85-87]. Vascular dilatation and hyper/hypotension present post trauma are also contributing factors to cascades leading to chronic hemodynamic imbalance. Hypertension leads to compromised integrity of the BBB, and the resulting hypoperfusion in turn compromises the blood supply and can lead to energy crisis.

5.1 Cerebral Blood Flow -MRI as biomarker for posttraumatic epileptogenesis in animals

There are several imaging methods to probe the flow and vasculature by MRI and CT (MRI-BOLD, arterial spin labeling, dynamic contrast enhanced MRI, etc. [88, 89]). Posttraumatic vascular imaging findings have been linked with seizure outcome. In chronic LFPI rats the cerebral blood flow (CBF) measured by arterial spin labeling MRI 8 months after injury correlated with seizure susceptibility induced by PTZ one month later: the lower the ipsilateral hippocampal CBF (ipsi) the shorter the latency to the first spike after PTZ administration, and further, the higher the thalamic CBF the shorter the latency to the first spike. High thalamic CBF was associated with higher vessel density, and the high vessel density was also correlated with increased seizure susceptibility. However, no such correlations were found in cortex. [26] Thus, the chronic posttraumatic CBF abnormalities have been linked with epileptogenesis. Cerebrovascular reactivity (CVR) is probed by adding a challenge (e.g. CO2 inhalation) to the MRI paradigm, and CVR has been shown to correlate with chronic neurobehavioral symptoms better than the CBF per se in TBI patients [90]. Association between CVR and tissue hyperexcitability is not yet understood, and studies on PTE are called for.

6 Plasticity, axonal sprouting and astrocyte mediated circuit shaping

Beneficial plasticity and epileptogenic plasticity are the ‘ying and yang’ of brain in the post-injury period. Spontaneous plasticity recovers a portion of brain function after TBI. Plasticity can also be aberrant and detrimental to function since it results in adverse outcomes, for example, the occurrence of spontaneous seizures. Local structural network alterations due to axonal sprouting in hippocampus and in perilesional cortex are putative causes for seizure activity. Some forms of plasticity can be imaged in vivo.

6.1 MRI (MEMRI and DTI) detects axonal sprouting both after TBI and other epileptogenic insults, and sprouting in turn correlates with seizure activity

Mossy fiber sprouting in the dentate gyrus of the hippocampus correlates with seizure susceptibility in LFPI [3], and in SE animal models [91, 92]. It is one of the most consistent findings in
surgical specimens from patients with mesial temporal lobe epilepsy, while the exact role in epileptogenesis is still under debate [93]. Axonal sprouting has been imaged in pre-clinical models by manganese enhanced MRI (MEMRI), in LFPI [94] and other post insult epilepsy models such as kainic acid induced status epilepticus [95, 96]. Hippocampal manganese accumulation has been found to be associated with seizure activity and have value as a biomarker for epileptogenesis [96]. Mossy fiber sprouting after TBI is far less pronounced than after kainic acid induced status. After TBI the area of MEMRI enhancement within the CA3 region of the hippocampus has been correlated with corresponding infra-pyramidal sprouting (LFPI rat, 6 months post injury [94]), but the study could not examine the correlation with epileptic outcome, due to low number of animals with epileptiform activity. Hence, currently there is a lack of evidence to support the potency of MEMRI as a biomarker for PTE. It should be understood however, that the technique is confounded by the fact that manganese also accumulates into glia and endothelial cells as demonstrated in both the FPI [95] and the CCI model [97]. MEMRI has actually been utilized to visualize reactive gliosis surrounding the ischemic core in stroke model [98], and moreover, the inflammation has been suggested to stimulate the neuronal manganese uptake [99].

Diffusion imaging (DTI, HARDI): Very high-resolution DTI can be used to visualize layer-specific changes in the hippocampus after various epileptogenic brain insults [100]. Increased FA in the rat dentate gyrus several months after status epilepticus is associated with mossy fiber sprouting and reorganization of axons in the outer molecular layer, indicating that DTI has the potential to visualize structural plasticity at the axonal level during epileptogenesis in vivo [101, 102]. Layer specific changes were also detected after TBI altogether indicating that hippocampal network plasticity can be an important target for PTE biomarker studies [103]. Application of more advanced HARDI type diffusion imaging that go beyond simple tensor model will provide opportunities to address microstructural changes associated with plasticity in more detail in future.

6.2 Diffusion tractography maps structural circuitry modifications across the brain networks

As was discussed in chapter 2.1, diffusion tractography is highly sensitive to post-injury white matter pathology both in TBI animals and in patients. Often this pathology occurs as a loss of connectivity due to axonal injury. However, tractography can also detect other forms of circuit changes and can be utilized for whole brain connectomic analysis of structural connectivity. Structural network data from diffusion imaging can then be incorporated with functional connectivity assessed by resting state fMRI. Such combined approach enables characterization of brain-wide epileptic network. Initial studies have already demonstrated the differences in the large-scale structural connectivity between epileptic and non-epileptic TBI subjects.

Dennis et al found network differences in pediatric patients who had suffered a moderate to severe TBI and who experienced early post-traumatic seizures (EPTS), compared to those who did not [104]. The authors performed tractography on fiber orientation distributions and created a 68 x 68 connectivity matrix describing the number of fibers connecting each label. TBI patients who suffered EPTS had significantly greater clustering and significantly lower modularity (degree to which the network can be divided into modules) in their network compared to those who did not. Furthermore, these patients were also found to have significantly shorter normalized pathlengths. Connectivity deficits mapped by tractography have already been demonstrated to provide robust biomarkers of cognitive deficits after TBI [39]. The challenge now is to identify the epileptogenic changes.
Figure 4. Controlled cortical impact injury (CCI) results in both decreases (blue) and increases (red) in resting state fMRI (rs-fMRI) functional connectivity. Data are at (A) 1 week and (B) 4 weeks post-injury, calculated at 35% network density. Data show that nodal and edge strength (spheres and sticks, respectively) are decreased (blue) in most regions at 1 week after injury by greater than 20% change from sham. There were some increases in connectivity above sham levels at 4 weeks post-injury (red), but not in the primary injury site (left side) which remained decreased. Courtesy of N.G. Harris and A. Paydar, David Geffen School of Medicine at University of California at Los Angeles.

7 Functional MRI of whole brain: functional connectivity and seizure onset and spread

Correlations of fluctuations in resting state fMRI (rs-fMRI) signal can be used to indicate functional connectivity between brain regions. The major benefit of the approach is that it allows large-scale network level assessment of post-traumatic alterations, in whole brain (Fig 4). As epilepsy is increasingly recognized to be a network-level disorder, it is highly intriguing concept to try to evaluate how local lesion and modification of white matter pathology modulates the connectivity patterns, and how that is related to epileptogenesis, or to other functional outcomes after TBI. In a recent study, fluid percussion injured rats with increased seizure susceptibility under PTZ, were studied using rs-fMRI [105]. Group level decreases in connectivity were found between the ipsilateral and contralateral parietal cortex, and between the ipsilateral parietal cortex and hippocampus when compared to sham-operated animals. In addition, there were injury-related decreases in connectivity between the ipsilateral and contralateral parietal cortex to other regions. However, connectivity at the subject level did not correlate with hyperexcitability. Topological features of functional networks, were recently estimated by graph theory analysis in an adult rat CCI model of TBI at days 7-28 post injury. Global network analysis revealed alterations in network parameters indicative of possible acutely increased random connectivity and temporary reductions in modularity that were matched by local increases in connectedness and increased efficiency among more weakly connected regions. The global network parameters: shortest path-length, clustering coefficient and modularity, were most affected by trauma, and also scaled with the severity of injury [106].
As rs-fMRI usually relies on group level analysis, a major challenge for future rs-fMRI studies is to be able to reliably and reproducibly detect alterations in functional connectivity at the subject level. This is prerequisite to be able to utilize functional connectivity as biomarker for post-traumatic epilepsy, in the future.

8 Inhibitory / excitatory imbalance by proton spectroscopy

Magnetic resonance spectroscopic imaging (MRSI) and magnetic resonance spectroscopy (MRS) measurements of GABA, glutamate or glutamate+glutamine concentrations or their ratios as indicators of brain excitatory-inhibitory balance have not succeeded in providing a link to epileptogenicity in experimental PTE models. Although decreases in GABA have been found in ipsilateral hippocampus 5 months after LFPI [11], this drop did not correlate with seizure susceptibility 6 months later (unpublished). Hippocampal glutamate was found to be decreased along with decreased neuronal marker NAA in the same study, while glia marker myo-inositol was elevated. The meaning of these results are not yet clear and only underscore the complexity of the disease in both the spatial as well as temporal extent.

Numerous metabolites within the hippocampal neurochemical profile measured by 1H-MRS in models of TLE have been examined in association with seizure activity: antioxidant glutathione (GSH/Cr) concentrations during epileptogenesis at 7 days post pilocarpine induced status correlated negatively with the frequency of spontaneous seizures, while myo-inositol (mins/Cr), lactate (Lac/Cr) or NAA (NAA/Cr) did not [107]. In a more chronic follow-up it was shown that the elevated level of hippocampal myo-inositol persisted up to 65 days post SE, that is, until the occurrence of spontaneous seizures in those animals that developed epilepsy (62-70%), while showing only transient increase at 15 days post-injury in those not developing epilepsy [108]. No correlations were reported between neurochemical concentrations and electrophysiology. Elevated myo-inositol was associated with elevated number of S100β-immunopositive astrocytes, while Ox-42 staining showed microglia to be in a resting state.

9 Hypometabolism associated with seizure focus lateralization

[18F]-Fluorodeoxyglucose PET ([18F]-FDG PET) is used to lateralize the seizure foci in temporal lobe epilepsy patients and metabolic dysregulation is one major factor in epileptogenesis [109]. Seizure focus shows inter-ictal hypometabolism and ictal hypermetabolism [110]. Also, chronic inhibition of brain glycolysis by daily injections of non-metabolizable glucose analog 2-deoxy-D-glucose initiates epileptogenesis [111]. In TBI models the ipsilateral hemisphere displays widespread hypometabolism [112, 113].

9.1 FDG-PET and glucose uptake as biomarker for posttraumatic epilepsy

Shultz and colleagues [35] found that a multivariate regression model that incorporated the PET findings 1week, 1month and 3 months post LFPI in ipsilateral hippocampus was able to predict the epileptogenicity, although no differences between epileptic and non-epileptic group were found in the univariate analysis. All TBIs showed trend of cortical and hippocampal hypometabolism, but the epileptic group showed steadily low FDG uptake as compared to the partial recovery of FDG uptake at 3 months of non-epileptic TBIs. Widespread ipsilateral hypometabolism is detectable several months after severe LFPI in majority of injured animals, regardless of whether they show signs of lowered seizure threshold in PTZ-EEG 6 months after injury (Yasmin, Immonen, unpublished). Reduced glucose uptake is both cause and consequence of progressive pathology, and
likely contributing to the epileptogenesis in chronic trauma brain. Network analysis is required to
determine the specific regions that are causally involved in epileptogenesis more precisely, and
could serve as biomarkers for epileptogenesis.

9.2 GlucoCEST/GicCEST, GlycoCEST, GluCEST – emerging tools to complete the picture

In order to improve the spatial readout of regional deficits in glucose uptake, a novel chemical
exchange saturation transfer method called glucoCEST [114, 115] can be utilized. Alternative
approach is a spin-lock version, called glucoCESL [116]. GlucoCEST can map the glucose uptake in
brain with high resolution upon oral administration of regular D-glucose, i.e. sugar. By tuning the
saturation frequency, the method can be sensitized to other compounds: e.g. glycogen storages of
astrocytes could be probed by GlycoCEST [117], while excitatory neurotransmitter glutamate
centresations could be mapped by GluCEST [118]. GluCEST can lateralize the epileptic foci in non-
lesional TLE [119]. It should be noted though, that these methods have inherently low signal and
specificity can be easily hampered by methodological imperfections. Applications on PTE are
pending.

10 Conclusions

The numerous pathophysiological features described in this review (local or diffuse
inflammation, vascular injury, diffuse axonal injury and network plasticity) are among the
consequences of the head injury and considered as mechanisms contributing to the development of
posttraumatic epilepsy. The lesion at the contusion site per se is not the direct cause for tissue
hyperexcitability but instead the secondary cascades and the interplay of the many brain alterations
and extra stressors are. That means that there are wide variety of promising imaging biomarkers
candidates for posttraumatic epilepsy. MRI is one of the few tools that can assess the entire brain
network and connectivity, discriminate focal and diffuse injury mechanisms, probe micro-structure,
metabolism and relate these to physiological function within the same subject. However,
publications using imaging methods to investigate PTE to date are proof-of-concept studies, and
further investigations are required to establish robust biomarkers for posttraumatic
epileptogenesis. In a complex disease such as PTE, combinatory biomarkers using imaging,
electrophysiology and metabolomics/proteomics will likely be necessary, and current major trials
(e.g. EpiBioS4Rx) are incorporating this view.

Disclosure

The authors declare no conflict of interest.

Acknowledgements

This study was supported by NINDS Center without Walls, U54 NS100064 (EpiBioS4Rx).

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